



HX EXPEDITIONS — MS FRAM

Life Returns - Springtime Expedition to Antarctica

DEPARTS 16/10/2026

22 NIGHTS

FROM BUENOS AIRES

TO PUNTA ARENAS

Day by Day Itinerary

DAY 1	Buenos Aires, Argentina Friday, 16/10/2026 Departs 20:00 Glamorous and gritty, Buenos Aires is two cities in one. What makes Argentina's capital so fascinating is its dual heritage—part European, part Latin American. Plaza de Mayo resembles a grand square in Madrid, and the ornate Teatro Colón would not be out of pl...
DAY 2	Cruising Saturday, 17/10/2026
DAY 3	Cruising Sunday, 18/10/2026
DAY 4	Cruising Monday, 19/10/2026
DAY 5	Saunders Island, Falkland Islands (Malvinas) Tuesday, 20/10/2026 Arrives 14:00 · Departs 20:00 Saunders Island is the fourth-largest of the Falkland Islands in the western portion of the archipelago. The island’s topography is unusual, being made up of three peninsulas linked by narrow necks, and three big upland areas. Today the island is run as a shee...
DAY 6	New Island, Falkland Islands (Malvinas) Wednesday, 21/10/2026 Arrives 08:00 · Departs 17:00 The remarkable beauty of the remote Falkland Islands can best be seen on New Island. The westernmost of the inhabited islands of the archipelago, it is a wildlife and nature reserve, and an environmental conservation group protects its many birds and animals....

DAY 7	Port Stanley, Falkland Islands (Malvinas) Thursday, 22/10/2026 Arrives 09:00 · Departs 18:00 Tiny Stanley, capital of the Falklands, seems in many ways like a British village fallen out of the sky. Many homes are painted in bright colours, adding visual appeal to this distant outpost. Not far offshore, the wreck of the Lady Elizabeth, is one of the ma...
DAY 8	Cruising the South Atlantic Ocean Friday, 23/10/2026
DAY 9	Cruising the South Atlantic Ocean Saturday, 24/10/2026
DAY 10	Right Whale Bay, South Georgia and the South Sandwich Islands Sunday, 25/10/2026 Arrives 12:00 · Departs 16:00
DAY 11	Salisbury Plain, South Georgia and the South Sandwich Islands Monday, 26/10/2026 Arrives 12:00 · Departs 18:00
DAY 12	Grytviken, South Georgia and the South Sandwich Islands Tuesday, 27/10/2026 Arrives 16:00 · Departs 18:00
DAY 13	Cruising Wednesday, 28/10/2026
DAY 14	Cruising Thursday, 29/10/2026
DAY 15	Antarctica, Antarctica Friday, 30/10/2026
DAY 16	Antarctica, Antarctica Saturday, 31/10/2026
DAY 17	Antarctica, Antarctica Sunday, 01/11/2026
DAY 18	Antarctica, Antarctica Monday, 02/11/2026
DAY 19	Antarctica, Antarctica Tuesday, 03/11/2026

DAY 20	Drake Passage Seas Wednesday, 04/11/2026
DAY 21	Puerto Williams, Chile Thursday, 05/11/2026 Arrives 16:00 · Departs 22:00
DAY 22	Drake Passage Seas Friday, 06/11/2026
DAY 23	Punta Arenas, Chile Saturday, 07/11/2026 Arrives 06:00 Impenetrable forests, impassable mountains, and endless fields of ice define Chilean Patagonia, and meant that the region went largely unexplored until the beginning of the 20th century. Located in the southernmost part of the country, this area is still spars...

Cruise only — Prices From (per person)

INSIDE POA	OUTSIDE / OCEANVIEW £13,698	BALCONY POA	SUITE £15,839
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Cabin Grades & Prices

Oceanview

GRADE	PER PERSON
Polar Outside Outside Cabin	
N2 Polar Outside Cabin	£13,698
Arctic Superior Outside Cabin	
F2 Arctic Superior Cabin	£16,244

Suite

GRADE	PER PERSON
Expedition Suite Mini Suite	
Q4 Mini Suite	£15,839
Expedition Suite Grand Suite with balcony	
MG Grand Suite with Balcony	£23,705