



PONANT EXPLORATIONS — LE PONANT

The many faces of Cape Verde

DEPARTS 21/11/2026

7 NIGHTS

FROM MINDELO, SÃO VICENTE ISLAND

Day by Day Itinerary

DAY 1	Mindelo, São Vicente Island, Cape Verde Saturday, 21/11/2026 Departs 20:00 Your next stop will be Cape Verde’s cultural capital, Mindelo. Get along with the locals listening to the real morna in the bars of the old town and sipping the local drink, a sugarcane spirit. This island is also known by its British and Portuguese colonial a...
DAY 2	Tarrafal, São Nicolau Island, Cape Verde Sunday, 22/11/2026 Arrives 08:00 · Departs 21:00 If you’re a mountain lover, this is your island. São Nicolau offers dramatic mountain landscapes that reach their peak at Mt Gordo. Enjoy the nature by hiking the mountain paths of Fajã or get more cultural in Ribeira Brava, which is the capital of the island...
DAY 3	Sal Rei, Boa Vista Island, Cape Verde Monday, 23/11/2026 Arrives 13:00 · Departs 18:15
DAY 4	Praia, Santiago Island, Cape Verde Tuesday, 24/11/2026 Arrives 07:00 · Departs 23:59 Start your Expedition Cruise in Praia, the capital of Cape Verde, located in the south of Santiago Island. You can explore its old centre overlooking the ocean and its historical buildings with transom windows. In the old quarter, you can also learn about the...
DAY 5	Cidade do Maio, Maio Island, Cape Verde Wednesday, 25/11/2026 Arrives 12:00 · Departs 19:00 The Bijagós archipelago was declared a Biosphere Reserve by UNESCO in 1996 thanks to its abundant biodiversity, and is marine animal and plant life. It consists of 88 islands, 23 of which are inhabited. Get along with the local people of Maio and discover thei...

DAY 6	Sao Filipe, Fogo Island, Cape Verde Thursday, 26/11/2026 Arrives 07:30 · Departs 15:30 The volcanic island of Fogo is probably the highest landmark of the archipelago. Ideal for hiking, Pico de Fogo has an immense caldera surrounding the active crater and traces of recent and old lava flows all around. Again, along the coast there's plenty of op...
DAY 7	Mindelo, São Vicente Island, Cape Verde Friday, 27/11/2026 Arrives 07:30 · Departs 23:59 Your next stop will be Cape Verde's cultural capital, Mindelo. Get along with the locals listening to the real morna in the bars of the old town and sipping the local drink, a sugarcane spirit. This island is also known by its British and Portuguese colonial a...
DAY 8	Mindelo, São Vicente Island, Cape Verde Saturday, 28/11/2026 Arrives 07:30 Your next stop will be Cape Verde's cultural capital, Mindelo. Get along with the locals listening to the real morna in the bars of the old town and sipping the local drink, a sugarcane spirit. This island is also known by its British and Portuguese colonial a...

Cruise only — Prices From (per person)

INSIDE	OUTSIDE / OCEANVIEW	BALCONY	SUITE
POA	£7,860	£7,860	£21,130

Cabin Grades & Prices

Balcony	
GRADE	PER PERSON
Upper decks balcony stateroom	
MGP Mistral Prestige Stateroom	£7,860
Suite	
GRADE	PER PERSON
Owner's Suite	
SA Zephyr Owner Suite	£21,130