



REGENT SEVEN SEAS CRUISES — SEVEN SEAS NAVIGATOR

Birding & Wildlife Adventure

DEPARTS 20/11/2027

20 NIGHTS

FROM CAPE TOWN

TO LISBON

Day by Day Itinerary

DAY 1	Cape Town, South Africa Saturday, 20/11/2027 Arrives 07:00 · Departs 16:00 Sometimes referred to as the Mother City, Cape Town is the most famous port in South Africa and is influenced by many different cultures, including Dutch, British and Malay. The port was founded in 1652 by Dutch explorer Jan Van Riebeeck, and evidence of Dutch...
DAY 2	Sailing the Atlantic Ocean Sunday, 21/11/2027
DAY 3	Walvis Bay, Namibia Monday, 22/11/2027 Arrives 12:00 · Departs 23:00 Once a whaling station, Walvis Bay provides a gateway to the extraordinary desert landscapes of Namibia and is itself an area of unusual natural beauty. The showpiece of the Walvis Bay area is the natural lagoon where you can see flamingos in their thousands a...
DAY 4	Sailing the Atlantic Ocean Tuesday, 23/11/2027
DAY 5	Sailing the Atlantic Ocean Wednesday, 24/11/2027
DAY 6	Sailing the Atlantic Ocean Thursday, 25/11/2027
DAY 7	Principe, Sao Tome and Principe Friday, 26/11/2027 Arrives 11:30 · Departs 20:30 Located in the Gulf of Guinea on the west coast of Africa, Principe island is twinned with Sao Tome and home to beautiful scenery and a rich culture. Enjoy the beautiful walks in Obo Natural Park, dive into the depths off the coasts of the many beaches and tak...

DAY 8	Gulf of Guinea Saturday, 27/11/2027
DAY 9	Lome, Togo Sunday, 28/11/2027 Arrives 08:00 · Departs 17:00 If you're sick of the usual beach resorts, then zesty Lomé will welcome you to a coastal destination that oozes with inimitable character. The former 'Jewel of West Africa' offers some wonderful beaches, and exports its delicious bounty of cocoa, coffee and pi...
DAY 10	Takoradi, Ghana Monday, 29/11/2027 Arrives 08:00 · Departs 19:00 Ghana's fourth-largest city plays serene beaches against a bustling commercial centre. People from around the world visit the shore, both for its beauty and to enjoy the fresh seafood served right on the sands. Frantic city life awaits a short distance inland,...
DAY 11	Abidjan, Côte d'Ivoire Tuesday, 30/11/2027 Arrives 07:00 · Departs 14:00 Three hours south of Yamoussoukro, nestled in between the canals and waterways, lies Abidjan the economic capital of the Ivory Coast. Considered the crossroads of West Africa both economically and culturally, Abidjan benefits from clement temperatures year rou...
DAY 12	Sailing the Atlantic Ocean Wednesday, 01/12/2027
DAY 13	Sailing the Atlantic Ocean Thursday, 02/12/2027
DAY 14	Dakar, Senegal Friday, 03/12/2027 Arrives 12:00 · Departs 20:00 Dakar, set at the tip of the Cape Vert peninsula, is West Africa's westernmost point and the capital of French-speaking Senegal. Although it was not founded until 1857, it is West Africa's oldest European city and one of the most westernised. The opening of th...
DAY 15	Sailing the Atlantic Ocean Saturday, 04/12/2027
DAY 16	Porto Grande, Cape Verde Sunday, 05/12/2027 Arrives 07:00 · Departs 17:00 The crescent of volcanic islands which form the Cape Verde archipelago lie 310 miles off the Senegal coast. Despite the name (Green Cape), all the islands are barren, but they offer dramatic mountain scenery and pristine beaches. The Portuguese started colonis...
DAY 17	Sailing the Atlantic Ocean Monday, 06/12/2027
DAY 18	Sailing the Atlantic Ocean Tuesday, 07/12/2027

DAY 19	Santa Cruz de Tenerife, Spain Wednesday, 08/12/2027 Arrives 07:00 · Departs 16:00 The largest of the Canary Islands, Tenerife is a beautiful and scenic island which enjoys year-round sunshine and is dominated by Mount Teide. The mountain range runs through the centre of the island, with fertile valleys on the northern side. In the central p...
DAY 20	Sailing the Atlantic Ocean Thursday, 09/12/2027
DAY 21	Lisbon, Portugal Friday, 10/12/2027 Arrives 07:00 · Departs 17:00 Set on seven hills on the banks of the River Tagus, Lisbon has been the capital of Portugal since the 13th century. It is a city famous for its majestic architecture, old wooden trams, Moorish features and more than twenty centuries of history. Following disas...

Cruise only — Prices From (per person)

INSIDE	OUTSIDE / OCEANVIEW	BALCONY	SUITE
POA	POA	POA	£10,169

Cabin Grades & Prices

Suite

GRADE	PER PERSON
Concierge Suite	
D Concierge Suite	£10,169
Penthouse Suite	
A Penthouse Suite	£10,769
Navigator Suite	
NS Navigator Suite	£14,199
Grand Suite	
GS Grand Suite	£18,009
Signature Suite	
SG Signature Suite	£23,539