



REGENT SEVEN SEAS CRUISES — SEVEN SEAS MARINER

Royal Northern Journey

DEPARTS 07/07/2028

20 NIGHTS

FROM REYKJAVÍK

TO OSLO

Day by Day Itinerary

DAY 1	Reykjavík, Iceland Friday, 07/07/2028 Arrives 07:00 · Departs 17:00 Sprawling Reykjavík, the nation's nerve center and government seat, is home to half the island's population. On a bay overlooked by proud Mt. Esja (pronounced eh-shyuh), with its ever-changing hues, Reykjavík presents a colorful sight, its concrete houses pain...
DAY 2	Grundarfjörður, Iceland Saturday, 08/07/2028 Arrives 07:00 · Departs 17:00
DAY 3	Isafjörður, Iceland Sunday, 09/07/2028 Arrives 07:00 · Departs 17:00 Two colossal terraces of sheer rock stand either side of this extraordinarily located town - which rides a jutting spit onto an immensity of black fjord water. Surprisingly, considering the remoteness of its location and its compact size, Isafjordur is a moder...
DAY 4	Akureyri, Iceland Monday, 10/07/2028 Arrives 06:00 · Departs 18:00 Akureyri, called the Capital of the North is the second largest urban area in Iceland, and a lively one at that. Hemmed by the 60-km (37-mile) long Eyjafjörður, Akureyri is sheltered from the ocean winds and embraced by mountains on three sides. Late 19th-cent...
DAY 5	Seyðisfjörður, Iceland Tuesday, 11/07/2028 Arrives 10:00 · Departs 19:00 Seyðisfjörður, a beautiful 19th-century Norwegian village on the east coast of Iceland, is regarded by many as one of Iceland's most picturesque towns, not only due to its impressive environment, but also because nowhere in Iceland has a community of old woode...

DAY 6	Cruising the Norwegian Sea Wednesday, 12/07/2028
DAY 7	Lerwick, Shetland Islands, Scotland Thursday, 13/07/2028 Arrives 07:00 · Departs 17:00 Founded by Dutch fishermen in the 17th century, Lerwick today is a busy town and administrative center. Handsome stone buildings—known as lodberries—line the harbor; they provided loading bays for goods, some of them illegal. The town's twisting flagstone lane...
DAY 8	Invergordon, Scotland Friday, 14/07/2028 Arrives 07:00 · Departs 17:00 The port of Invergordon is your gateway to the Great Glen, an area of Scotland that includes Loch Ness and the city of Inverness. Inverness, the capital of the Highlands, has the flavor of a Lowland town, its winds blowing in a sea-salt air from the Moray Firt...
DAY 9	Newhaven/Edinburgh, Scotland Saturday, 15/07/2028 Arrives 08:30 · Departs 18:30 Newhaven is a district in the City of Edinburgh, Scotland, between Leith and Granton and about 2 miles north of the city centre, just north of the Victoria Park district. Formerly a village and harbour on the Firth of Forth.
DAY 10	Cruising the North Sea Sunday, 16/07/2028
DAY 11	Southampton, England Monday, 17/07/2028 Arrives 07:00 · Departs 17:00 Lying near the head of Southampton Water, a peninsula between the estuaries of the Rivers Test and Itchen, Southampton is Britain's largest cruise port. It has been one of England's major ports since the Middle Ages, when it exported wool and hides from the hi...
DAY 12	Cruising the North Sea Tuesday, 18/07/2028
DAY 13	Stavanger, Norway Wednesday, 19/07/2028 Arrives 13:30 · Departs 21:00 Overlooking the Atlantic Ocean, Stavanger flourished in the 19th century as a fishing port. While other towns in Norway have suffered with the decline of this industry, Stavanger has kept its economy booming by diversifying, first into shipbuilding and now int...
DAY 14	Bergen, Norway Thursday, 20/07/2028 Arrives 10:30 · Departs 19:30 Surrounded by mountains and sparkling fjords, the waterside city of Bergen has a spectacular setting. There has been a settlement here since medieval times and the colourful waterfront buildings of the Hanseatic wharf, known as Bryggen, are testament to its fa...

DAY 15	Ålesund, Norway Friday, 21/07/2028 Arrives 09:00 · Departs 18:00 The coastal town of Ålesund is the commercial capital of the Møre og Romsdal district. But more important, it is noted for its characteristic Jugendstil (Art Nouveau) buildings, which some claim make Ålesund one of the most beautiful towns in Norway. This Art...
DAY 16	Trondheim, Norway Saturday, 22/07/2028 Arrives 09:00 · Departs 19:00 One of Scandinavia's oldest cities, Trondheim was the first capital of Norway, from AD 997 to 1380. Founded in 997 by Viking king Olav Tryggvason, it was first named Nidaros (still the name of the cathedral), a composite word referring to the city's location a...
DAY 17	Måløy, Norway Sunday, 23/07/2028 Arrives 10:00 · Departs 19:00
DAY 18	Cruising the Norwegian Sea Monday, 24/07/2028
DAY 19	Ulvik, Norway Tuesday, 25/07/2028 Arrives 07:00 · Departs 16:00
DAY 20	Kristiansand, Norway Wednesday, 26/07/2028 Arrives 10:30 · Departs 18:30 Nicknamed "Sommerbyen" ("Summer City"), Norway's fifth-largest city has 78,000 inhabitants. Norwegians come here for its sun-soaked beaches and beautiful harbor. Kristiansand has also become known internationally for the outdoor Quart Festival, which hosts loc...
DAY 21	Oslo, Norway Thursday, 27/07/2028 Arrives 07:00 · Departs 17:00 Oslo is the capital of Norway and is also its largest city, situated at the head of Oslo Fjord and surrounded by hills and forests. Home to some 50 museums and full of galleries, cafés, a sculpture park and the Royal Palace, this vibrant city with its handsome...

Cruise only — Prices From (per person)

INSIDE	OUTSIDE / OCEANVIEW	BALCONY	SUITE
POA	POA	POA	£14,619

Cabin Grades & Prices

Suite

GRADE	PER PERSON
Deluxe Veranda Suite	
G Deluxe Veranda Suite (G)	£14,619
F Deluxe Veranda Suite (F)	£15,139

GRADE	PER PERSON
Concierge Suite	
E Concierge Suite (E)	£15,739
D Concierge Suite (D)	£16,189
Penthouse Suite	
C Penthouse Suite (C)	£18,419
B Penthouse Suite (B)	£18,949
A Penthouse Suite (A)	£19,539
Horizon View Suite	
HS Horizon View Suite	£20,359
Seven Seas Suite	
SS Seven Seas Suite	£24,759
Grand Suite	
GS Grand Suite	£30,799
Signature Suite	
SG Signature Suite	£41,469