



REGENT SEVEN SEAS CRUISES — SEVEN SEAS EXPLORER

Shores Of Legend

DEPARTS 28/07/2028

19 NIGHTS

FROM LISBON

Day by Day Itinerary

DAY 1	Lisbon, Portugal Friday, 28/07/2028 Arrives 07:00 · Departs 17:00 Set on seven hills on the banks of the River Tagus, Lisbon has been the capital of Portugal since the 13th century. It is a city famous for its majestic architecture, old wooden trams, Moorish features and more than twenty centuries of history. Following disas...
DAY 2	Sailing the Atlantic Ocean Saturday, 29/07/2028
DAY 3	Santa Cruz de Tenerife, Spain Sunday, 30/07/2028 Arrives 11:30 · Departs 18:30 The largest of the Canary Islands, Tenerife is a beautiful and scenic island which enjoys year-round sunshine and is dominated by Mount Teide. The mountain range runs through the centre of the island, with fertile valleys on the northern side. In the central p...
DAY 4	Santa Cruz de La Palma, Spain Monday, 31/07/2028 Arrives 07:00 · Departs 17:00 Also known as ‘La Isla Bonita’ (the beautiful island), La Palma is typified by lush forests of pine, laurel and fern which contrast with the rugged splendour of the gigantic Taburiente crater. The island is dotted with attractive villages, which are a delight...
DAY 5	Sailing the Atlantic Ocean Tuesday, 01/08/2028
DAY 6	Tangier, Morocco Wednesday, 02/08/2028 Arrives 11:00 · Departs 18:00 Tangier can trace its origins back to the Phoenicians and ancient Greeks. It was named after Tingee, the mother of Hercules’ son, and its beginnings are embedded in mythology. It was subsequently a Roman province, and after Vandal and Byzantine influences, was...

DAY 7	Melilla, Spain Thursday, 03/08/2028 Arrives 08:00 · Departs 16:00 The autonomous city of Melilla is a Spanish enclave located on the Mediterranean Rif coast of North Africa, bordering Morocco. Its chequered past embraced periods of Phoenician, Punic, Roman and Byzantine rule before it was conquered by Spain in 1497. The latt...
DAY 8	Almería, Spain Friday, 04/08/2028 Arrives 07:00 · Departs 18:00
DAY 9	Alicante, Spain Saturday, 05/08/2028 Arrives 08:00 · Departs 16:00 The provincial capital of the Valencian Community serves as a gateway to the huge influx of tourists that flock to the Costa Blanca resorts every year. Alicante is popular with holidaymakers who arrive for the warm, Mediterranean climate and seemingly endless...
DAY 10	Barcelona, Spain Sunday, 06/08/2028 Arrives 07:00 · Departs 16:00 The infinite variety of street life, the nooks and crannies of the medieval Barri Gòtic, the ceramic tile and stained glass of Art Nouveau facades, the art and music, the throb of street life, the food (ah, the food!)—one way or another, Barcelona will find a...
DAY 11	Palamós, Spain Monday, 07/08/2028 Arrives 07:00 · Departs 17:00 One of the best ways to arrive in Catalonia is by sea, especially via the Costa Brava. This coastline, also known as the Rugged or Wild Coast, stretches from Blanes to the French border. Its name aptly refers to the steep cliff of ancient twisted rocks, which...
DAY 12	Sète, France Tuesday, 08/08/2028 Arrives 07:00 · Departs 17:00 The fishing village of Sète serves as gateway to Montpellier, in the North. Other noteworthy destinations in this area include Carcassone, Aigues Mortes, the Abbaye de Fontfroide, and Pezenas. For a look at the real fisherman's life, however, stay right where...
DAY 13	Cruising the Balearic Sea Wednesday, 09/08/2028
DAY 14	Palma de Mallorca, Spain Thursday, 10/08/2028 Arrives 07:00 · Departs 16:00 If you look north of the cathedral (La Seu, or the seat of the bishopric, to Mallorcans) on a map of the city of Palma, you can see around the Plaça Santa Eulàlia a jumble of tiny streets that made up the earliest settlement. Farther out, a ring of wide boulev...
DAY 15	Cartagena, Spain Friday, 11/08/2028 Arrives 08:00 · Departs 16:00 A Mediterranean city and naval station located in the Region of Murcia, southeastern Spain, Cartagena's sheltered bay has attracted sailors for centuries. The Carthaginians founded the city in 223BC and named it Cartago Nova; it later became a prosperous Roman...

DAY 16	Málaga, Spain Saturday, 12/08/2028 Arrives 07:00 · Departs 22:00 As you sail into Malaga you will notice what an idyllic setting the city enjoys on the famous Costa del Sol. To the east of this provincial capital, the coast along the region of La Axarquía is scattered with villages, farmland and sleepy fishing hamlets - the...
DAY 17	Gibraltar, Gibraltar Sunday, 13/08/2028 Arrives 09:00 · Departs 16:00 Tagged on to the end of Iberia, the intriguing British outpost of Gibraltar is dominated by a sandy peninsula and the stunning 1,400-foot-high limestone Rock. Although small, Gibraltar has always been seen as having great strategic importance on account of its...
DAY 18	Cádiz, Spain Monday, 14/08/2028 Arrives 07:00 · Departs 22:00 Believed to be the oldest town on the Iberian Peninsula, the Andalusian port of Cádiz enjoys a stunning location at the edge of a six-mile promontory. The town itself, with 3,000 years of history, is characterised by pretty white houses with balconies often ad...
DAY 19	Sailing the Atlantic Ocean Tuesday, 15/08/2028
DAY 20	Lisbon, Portugal Wednesday, 16/08/2028 Arrives 07:00 · Departs 16:00 Set on seven hills on the banks of the River Tagus, Lisbon has been the capital of Portugal since the 13th century. It is a city famous for its majestic architecture, old wooden trams, Moorish features and more than twenty centuries of history. Following disas...

Cruise only — Prices From (per person)

INSIDE POA	OUTSIDE / OCEANVIEW POA	BALCONY POA	SUITE £13,799
---------------	----------------------------	----------------	------------------

Cabin Grades & Prices

GRADE	PER PERSON
Veranda Suite	
H Veranda Suite	£13,799
Deluxe Veranda Suite	
G1 Deluxe Veranda Suite	£14,839
Serenity Suite	
F2 Serenity Suite (F2)	£15,369
F1 Serenity Suite (F1)	£15,809
Concierge Suite	

GRADE	PER PERSON
E Concierge Suite (E)	£16,259
D Concierge Suite (D)	£16,709
Penthouse Suite	
C Penthouse Suite (C)	£19,319
B Penthouse Suite (B)	£19,989
A Penthouse Suite (A)	£20,659
Explorer Suite	
ES Explorer Suite	£26,399
Grand Suite	
GS Grand Suite	£29,239

Other

GRADE	PER PERSON
Horizon Penthouse	
HP Horizon Penthouse	£22,149