



REGENT SEVEN SEAS CRUISES — SEVEN SEAS NAVIGATOR

Southern Mediterranean Sojourn

DEPARTS 07/12/2026

14 NIGHTS

FROM BARCELONA

TO CIVITAVECCHIA

Day by Day Itinerary

DAY 1	Barcelona, Spain Monday, 07/12/2026 Arrives 07:00 · Departs 19:00 The infinite variety of street life, the nooks and crannies of the medieval Barri Gòtic, the ceramic tile and stained glass of Art Nouveau facades, the art and music, the throb of street life, the food (ah, the food!)—one way or another, Barcelona will find a...
DAY 2	Valencia, Spain Tuesday, 08/12/2026 Arrives 07:00 · Departs 19:00 Valencia, Spain's third-largest municipality, is a proud city with a thriving nightlife and restaurant scene, quality museums, and spectacular contemporary architecture, juxtaposed with a thoroughly charming historic quarter, making it a popular destination ye...
DAY 3	Alicante, Spain Wednesday, 09/12/2026 Arrives 07:00 · Departs 19:00 The provincial capital of the Valencian Community serves as a gateway to the huge influx of tourists that flock to the Costa Blanca resorts every year. Alicante is popular with holidaymakers who arrive for the warm, Mediterranean climate and seemingly endless...
DAY 4	Palma de Mallorca, Spain Thursday, 10/12/2026 Arrives 07:00 · Departs 19:00 If you look north of the cathedral (La Seu, or the seat of the bishopric, to Mallorcans) on a map of the city of Palma, you can see around the Plaça Santa Eulàlia a jumble of tiny streets that made up the earliest settlement. Farther out, a ring of wide boulev...
DAY 5	Cruising the Balearic Sea Friday, 11/12/2026

DAY 6	Sète, France Saturday, 12/12/2026 Arrives 08:00 · Departs 18:00 The fishing village of Sète serves as gateway to Montpellier, in the North. Other noteworthy destinations in this area include Carcassone, Aigues Mortes, the Abbaye de Fontfroide, and Pezenas. For a look at the real fisherman's life, however, stay right where...
DAY 7	Marseille, France Sunday, 13/12/2026 Arrives 07:00 · Departs 16:00 Since being designated a European Capital of Culture for 2013, with an estimated €660 million of funding in the bargain, Marseille has been in the throes of an extraordinary transformation, with no fewer than five major new arts centers, a beautifully refurbis...
DAY 8	Livorno, Italy Monday, 14/12/2026 Arrives 09:00 · Departs 23:00 Livorno is a gritty city with a long and interesting history. In the early Middle Ages it alternately belonged to Pisa and Genoa. In 1421 Florence, seeking access to the sea, bought it. Cosimo I (1519–74) started construction of the harbor in 1571, putting Liv...
DAY 9	Cruising the Tyrrhenian Sea Tuesday, 15/12/2026
DAY 10	Palermo, Italy Wednesday, 16/12/2026 Arrives 08:00 · Departs 17:00 Once the intellectual capital of southern Europe, Palermo has always been at the crossroads of civilization. Favorably situated on a crescent-shaped bay at the foot of Monte Pellegrino, it has attracted almost every culture touching the Mediterranean world. To...
DAY 11	La Goulette, Tunisia Thursday, 17/12/2026 Arrives 07:00 · Departs 17:00
DAY 12	Valletta, Malta Friday, 18/12/2026 Arrives 10:00 Malta's capital, the minicity of Valletta, has ornate palaces and museums protected by massive fortifications of honey-color limestone. Houses along the narrow streets have overhanging wooden balconies for people-watching from indoors. Generations ago they gav...
DAY 13	Valletta, Malta Saturday, 19/12/2026 Departs 18:00 Malta's capital, the minicity of Valletta, has ornate palaces and museums protected by massive fortifications of honey-color limestone. Houses along the narrow streets have overhanging wooden balconies for people-watching from indoors. Generations ago they gav...
DAY 14	Cruising the Tyrrhenian Sea Sunday, 20/12/2026

DAY
15

Civitavecchia, Italy

Monday, 21/12/2026

Arrives 07:00 · Departs 17:00

Italy's vibrant capital lives in the present, but no other city on earth evokes its past so powerfully. For over 2,500 years, emperors, popes, artists, and common citizens have left their mark here. Archaeological remains from ancient Rome, art-stuffed churches...

Cruise only — Prices From (per person)

INSIDE POA	OUTSIDE / OCEANVIEW POA	BALCONY POA	SUITE £7,209
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Cabin Grades & Prices

Suite

GRADE	PER PERSON
Deluxe Veranda Suite	
E Deluxe Veranda Suite	£7,209
Concierge Suite	
D Concierge Suite	£7,579
Penthouse Suite	
C Penthouse Suite (C)	£7,729
B Penthouse Suite (B)	£7,839
A Penthouse Suite (A)	£7,909
Navigator Suite	
NS Navigator Suite	£11,809
Grand Suite	
GS Grand Suite	£14,569
Signature Suite	
SG Signature Suite	£15,379